emergenetics®
INTERNATIONAL

BUILDING TRUST

The Power of WE Program

Grow trust. Support performance.

In a study reported by the Harvard Business Review, companies with high employee trust had 76 percent more engagement, 50 percent more productivity and 106 percent more energy. Trust is imperative for teams to achieve their highest potential. Through this two-hour workshop, teams discover how to establish and maintain trust through the lens of the Emergenetics Attributes. They also gain an understanding of the team's current level of trust with each other and develop an action plan to address any areas of opportunity.

Workshop Results

After the Building Trust workshop, teams will know how they can foster an environment of trust for each Emergenetics Attribute and will understand:

Specific techniques to build a foundation of team trust

Team strengths and opportunities related to trust

Their personal and team action plan, designed to build a more trusting, supportive environment

Who should attend this Power of WE workshop?

This workshop supports teams that want to foster stronger collaboration. If a team has formed bad habits, lost accountability, deflects blame or assumes negative intent, this workshop can help take the first steps to building a trusting, collaborative environment.

What does this workshop include?

The Building Trust workshop discusses:

- The importance of trust
- Methods to build trust
- Assessing team trust
- Workshop summary and action plan

Activities

Our workshops are dynamic and interactive, encouraging experiential learning in addition to lecture. The activities teams will engage in include:

- **Warm Up Activity –** Participants begin to understand their similarities and differences

- **Building Trust Activity –** Using Emergenetics Attributes, participants understand the sorts of actions and behaviors that build or erode trust

- **Ties that Bind Us –** This exercise demonstrates that only a few compromised connections can weaken the entire team

- **Assessing Team Trust –** Participants identify areas that may contribute to a lack of trust within their team and design a plan to address these concerns

- **Trust Action Plan –** Participants determine next steps to build trust going forward

Facilitator Materials
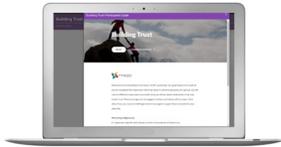

Workshop Slides

Facilitator Manual
and Activity Handouts

Participant Resources

Digital
Participant Guide

Pre and Post
workshop eLearning

Individual Roadmap with
Action Steps